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Section 1 Gastrointestinal

Indigestion

BNF Section 1.1.1 Aluminium and magnesium containing antacids

	Quantity
Aluminium Hydroxide Liquid	500ml
Co-magaldrox SF Suspension 195/220/5(<i>Maalox</i>)	500ml

BNF Section 1.1.3 Other drugs for dyspepsia and gastro-oesophageal reflux disease

	Quantity
Gaviscon Advance	500ml
Gaviscon Infant SF Sachets	15 dual sachets
Peptac Liquid	500ml

Constipation

BNF Section 1.6.1 Bulk forming laxatives

Ensure adequate fluid intake. Not to be taken immediately before going to bed.

	Quantity
Ispaghula Husk 3.4G/3.5G	30/60

BNF Section 1.6.2 Stimulant laxatives

	Quantity
Bisacodyl 10mg Supps	12
Bisacodyl 5mg Tablets	28
Glycerin 4g Suppositories (Adult)	12
Senna syrup 7.5mg/5ml	100ml
Senna Tabs 7.5mg	30

BNF Section 1.6.4 Osmotic laxatives

	Quantity
Lactulose Solution	300ml/500ml
Movicol	30

Diarrhoea

BNF Section 1.4 Antimotility drugs

In adults and children over 12 years. Maximum strength 2mg, maximum dose 4mg and maximum daily dose 12mg.

	Quantity
Loperamide 2mg Capsules	12

BNF Section 9.2.1.2 Oral rehydration therapy

	Quantity
Dioralyte Oral Powder	6/20

Haemorrhoids

BNF Section 1.7.1 Soothing haemorrhoidal preparations

	Quantity
Anusol Cream	23g
Anusol Ointment	25g
Anusol Suppositories	12

BNF Section 1.7.2 Compound haemorrhoidal preparations with corticosteroids

	Quantity
Anusol Plus HC Ointment	15g
Anusol Plus HC Suppositories	12

Mouth Ulcers/Teething

BNF Section 12.3.1 Drugs for oral ulceration and inflammation

	Quantity
Adcortyl in Orabase	5g
Chlorehexidine 0.2% Mouthwash	300ml
Benzydamine 0.15% Mouthwash	300ml
Hydrocortisone 2.5mg Pellets	20

Oral Thrush

BNF Section 12.3.3 Oropharyngeal Anti-Infective Drugs

	Quantity
Miconazole Oral Gel	15g

Section 2

Respiratory

Hay Fever

BNF Section 3.4.1 Antihistamines

Non sedating antihistamines

The drug on this list can only be supplied as P medicines if supply is to adults and children over 12 years if the maximum daily dose is 10mg.

	Quantity
Cetirizine 10mg Tablets	30
Loratadine Tablets 10mg	30
Loratadine Syrup 5mg/5ml	100ml

Sedating antihistamine

Drowsiness may affect performance of skilled tasks (e.g. driving); sedating effects enhanced by alcohol.

	Quantity
Chlorphenamine 4mg Tablets	30
Chlorphenamine Syrup 2mg/5ml	150ml

BNF Section 11.4.2 Other anti-inflammatory preparations

	Quantity
Sodium Cromoglicate 2% Eye Drops (<i>endorse as Opticrom Allergy</i>)	5ml/10ml

BNF Section 12.2.1 Nasal Allergy

	Quantity
Beclometasone Nasal Spray	100 or 180 doses

Cough and Nasal Congestion

BNF Section 3.8 Aromatic Inhalations

	Quantity
Menthol Crystals	5g

BNF Section 3.9.1 Cough Suppressants

	Quantity
Pholcodine Linctus 5mg/5ml	200ml
Pholcodine Paediatric SF Linctus	Dispense up to 200ml

Cough and Nasal Congestion

BNF Section 3.9.2 Expectorants and demulcent cough preparations

	Quantity
Simple SF Linctus	200ml
Simple Paediatric SF Linctus	Dispense up to 200ml

BNF Section 12.2.2 Topical Nasal decongestants

	Quantity
Ephedrine Hydrochloride 0.5%, 1%	10ml
Sodium Chloride Nose Drops	

Section 3**Central Nervous System****Pain**

BNF Section 4.7.1 Non Opioid analgesics

	Quantity
Ibuprofen 200mg Tablets	42
Ibuprofen 400mg Tablets	42
Ibuprofen SF Suspension 100mg/5ml	150ml
Paracetamol 500mg Tablets	32
Paracetamol SF 120mg/5ml Suspension	100ml
Paracetamol SF 250mg/5ml Suspension	100ml
Co-Codamol 500/8 Tablets (2 nd line agent after paracetamol)	32

Nausea and vomiting

BNF Section 4.6 Drugs used in nausea and vertigo

	Quantity
Cyclizine 50mg Tablets	20
Domperidone 10mg Tablets (<i>Motilium 10</i>)	20

Section 4

Infection

Fungal Infections

Vaginal Candidiasis

BNF Section 5.2 Antifungal Drugs

Can be sold to the public for vaginal candidiasis in women aged 16-60 years, in a container or packaging containing not more than 150mg and labelled to show a maximum dose of 150mg.

	Quantity
Fluconazole 150mg Capsules (<i>Diflucan One</i>)	1

BNF Section 7.2.2 Anti-infective drugs

	Quantity
Clotrimazole Vaginal Tablets 500mg, 200mg	1
Clotrimazole 1% Cream	20g

Athlete's Foot

BNF Section 13.10.2 Antifungal preparations

	Quantity
Clotrimazole 1% Cream	20g
Terbinafine Cream	7.5g

Viral Infection

Cold Sores

BNF sections 13.10.3 and 13.11.3

	Quantity
Aciclovir 5% Cream	2g

Warts and Verrucae

BNF Section 13.7 Preparations for warts and callouses

	Quantity
Cuplex Gel	5g
Duofilm Paint	15ml
Formaldehyde 0.75% Gel	15g

Parasitic Infection

Threadworms

BNF Section 5.5.1 Drugs for Threadworms

All family members should be treated at the same time, even if they have no symptoms, to prevent reinfection.

	Quantity
Ovex Tablets	1

Head Lice

BNF Section 13.10.4 Parasitocidal Preparations

If a course of treatment (two applications, one week apart) fails to cure, a different insecticide should be used for the next treatment.

	Quantity
Dimeticone 4% Lotion (<i>Hedrin</i>)	50ml/150ml
Malathion 0.5% Liquid (<i>Debac M, Quelleda M</i>)	50ml/200ml
Malathion 0.5% Lotion (<i>Prioderm, Suleo-M</i>)	50ml/200ml
Permethrin (<i>Lyclear</i>)	59ml
Phenothrin 0.2% Lotion (<i>Full Marks</i>)	50ml/200ml
Phenothrin 0.5% Liquid (<i>Full Marks</i>)	50ml/200ml

Scabies

BNF Section 13.10.4 Parasitocidal Preparation

	Quantity
Permethrin (<i>Lyclear Permal Cream</i>)	30g

Section 5

Urinary Tract Disorders

Alkalinisation of Urine

BNF Section 7.4.3

	Quantity
Potassium Citrate solution	200ml

Section 6

Skin

Acne

BNF Section 13.6.1 Topical Preparations for acne

	Quantity
Benzoyl peroxide 2.5% Aquagel (<i>endorse as Panoxyl</i>)	40g
Benzoyl peroxide 5% Aquagel (<i>endorse as Panoxyl</i>)	40g
Benzoyl peroxide 10% Aquagel (<i>endorse as Panoxyl</i>)	40g

Eczema/Allergy

BNF Section 13.2.1 Emollients

	Quantity
Aqueous Cream	500g
Dermol 500 Lotion	500ml
Diprobase	50g/500g
Epaderm Ointment	500g
Liquid paraffin and White soft paraffin 50/50	250g

BNF Section 13.2.1.1 Emollient Bath Additives

	Quantity
Balneum	200ml/500ml
Dermol 200 Shower Emollient	200ml
Dermol 600 Bath Emollient	600ml
E45 Emollient Bath Oil	250ml, 500ml
Emulsiderm	300ml
Oilatum Emollient	250ml/500ml
Oilatum Plus	500ml

BNF Section 13.2.2 Barrier Preparations

	Quantity
Conotrane	200g
Zinc and Castor Oil	50g/100g

BNF Section 13.3 Topical local anaesthetics and antipruritics

	Quantity
Calamine Lotion	200ml
Eurax Cream	30g/100g

BNF Section 13.4 Topical corticosteroids

	Quantity
Hydrocortisone 1% Cream	15g

BNF Section 13.9 Shampoos and scalp preparations

	Quantity
Ketoconazole Shampoo (Seborrhoeic Dermatitis of Scalp)	100ml
Polytar Liquid	150ml
Sebco Ointment	40g, 100g

Boils

BNF Section 13.10 Preparations for Boils

	Quantity
Magnesium Sulphate Paste	50g

Minor skin infections

BNF Section 13.11.6 Astringents, oxidisers and dyes

	Quantity
Hydrogen Peroxide 1% Cream (Crystacide)	10g, 25g

Section 7**Vitamins****Pregnancy**

BNF Section 9.1.2 Drugs used in megaloblastic anaemias
For use by females during pregnancy for a duration of 8 weeks

	Quantity
Folic Acid 400microgram Tablets	90

Section 8 Eyes

BNF Section 11.8.1 Tear deficiency, ocular lubricants and astringents

	Quantity
Hypromellose 0.3% Eye Drops	10ml
Lacri-Lube Eye Ointment	3.5g/5g
Liquivisc Gel	10g
Sno Tears Eye Drops	10ml

BNF Section 11.3.1 Antibacterial Eye Preparations

	Quantity
Chloramphenicol Eye Drops 0.5%	10ml

Section 9 Ear

BNF Section 12.1.3 Removal of Ear wax

	Quantity
Almond Oil	10ml
Sodium Bicarbonate 5%Ear Drops	10ml